

FROZEN MEAL PROGRAM

SPECIAL DIETS



FOR DELIVERY WEEK: _____

NAME: _____

AGENCY: _____

ROUTE (Agency use only)

SPECIAL DIET MEALS

(Suitable for Lactose Free, Gluten Free & Renal Diets)

- 10012 ___ Apple Pork **D LF LS**
- 10020 ___ Hawaiian Chicken **D LF LS**
- 10017 ___ Beef & Vegetable Casserole **D LS**
- 10018 ___ Herbed Fish **D LF LS**
- 10021 ___ Turkey in Gravy **D LF LS**
- 10033 ___ Chicken with Gravy **D LF LS**
- 10054 ___ Pot Roast with Rice & Peas **D LS**

LOW SODIUM SOUPS

- 93346 ___ Low Sodium Chicken Noodle **D LF LS**
- 93349 ___ Low Sodium Country Veg. **D LF LS**
- 93347 ___ Low Sodium Minestrone **D LF LS**
- 93348 ___ Low Sodium Tomato Lentil **D LF LS**

MINCED ENTREES

- 17001 ___ Minced Beef **D LF**
- 17002 ___ Minced Apple Braised Pork **D LS**
- 17003 ___ Minced Ham **D LF**
- 17004 ___ Minced Chicken à la King **D LF LS**
- 17005 ___ Minced Turkey **D LF**
- 17010 ___ Minced Beef Stew **D LF LS**
- 17009 ___ Minced Pasta Primavera **D LF**

PUREED ENTREES

- 16001 ___ Chicken à la King **D**
- 16003 ___ Apple Braised Pork **D**
- 16004 ___ Macaroni & Cheese **D**
- 16005 ___ Shepherd's Pie **D**
- 16006 ___ Turkey Puree **D**
- 16007 ___ Beef & Vegetable Casserole **D**
- 16009 ___ Pot Roast **D LS**
- 16011 ___ Sweet & Sour Chicken **D**
- 16017 ___ Lemon Herb Fish **D**
- 16018 ___ Chicken Cacciatore **D LF**
- 16021 ___ Turkey Casserole **D**
- 16024 ___ Liver & Onions **D**
- 16023 ___ Creamed Salmon **D**

THICKENED PUREED SOUPS

- 13054 ___ Cream of Carrot **D**
- 13055 ___ Cream of Cauliflower **D**
- 13056 ___ Chicken Noodle **D LF**
- 13053 ___ Cream of Broccoli **D**
- 13057 ___ Cream of Mushroom **D**
- 13058 ___ Tomato Beef **D LF**

PUREED DESSERTS

- 09041 ___ Tangerine Mousse **LS**
- 14022 ___ Vanilla Pudding (2) **LS**
- 09011 ___ Chocolate Mousse **D**
- 09021 ___ Strawberry Mousse **D LS**