

COOKING INSTRUCTIONS - MICROWAVE

1



- Use frozen – do not temper
- Remove film

2



- Lock inverted plate to the plastic tray
- Flip – so that the plate is on the bottom

3



- Place plate and tray in the microwave
- Cook on high for 5 minutes (1500 w)
All microwave ovens are different, cooking times will vary. Cook to an internal temperature of 74°C (165°F)

4



- Remove the plastic tray
- Serve on the china plate

COOKING INSTRUCTIONS – HOTSERVE LITE

1



2



3



4



- Use frozen – do not temper
- Follow manufacturers instructions to operate the apetito Hotserve Lite unit
- Remove film
- Lock inverted plate to the plastic tray
- Flip – so that the plate is on the bottom
- Place plate on a shelf
- Allow the product to cook until ready-to-serve
Cook to an internal temperature of 74°C (165°F)
- Remove the plastic tray
- Serve on the china plate

COOKING INSTRUCTIONS – RETHERM OVEN

1



- Use frozen – do not temper
- Do not remove film
- Place in a preheated oven at 190°C (375°F) for 35-45 minutes.
Cook to an internal temperature of 74°C (165°F)

2



- Remove the plastic film from the hot meal

3



- Lock inverted plate to the plastic tray
- Flip – so that the plate is on the bottom

4



- Remove the plastic tray
- Serve on the china plate

COOKING INSTRUCTIONS – RETHERM CART

1



2



3



4



- Use frozen – do not temper
- Do not remove film
- Ensure cart has been programmed for heating frozen products, as per the cart manufacturer's guidelines
- Place in cart and cook to an internal temperature of 74°C (165°F)

- Remove the plastic film from the hot meal

- Lock inverted plate to the plastic tray
- Flip – so that the plate is on the bottom

- Remove the plastic tray
- Serve on the china plate